



Faculty Work Comprehensive List


---

2023

## Ten years ago I wrote poems about having babies

Rose Postma

Follow this and additional works at: [https://digitalcollections.dordt.edu/faculty\\_work](https://digitalcollections.dordt.edu/faculty_work)

 Part of the [Poetry Commons](#)

---

---

## Ten years ago I wrote poems about having babies

### Keywords

babies, motherhood, sleep, exhaustion

### Disciplines

Poetry

## **Ten years ago I wrote poems about having babies**

and about how my body was broken and put back together again and again. How I was strong and how the breaking didn't break me. Today I write about how tired I am. How I have been getting up at night for ten years. How a decade of interrupted sleep is not power, how that has been the thing to pull me apart. Not all at once like a tea cup hurtled to the floor but like a small root slowly spreading through my body, finally reaching the surface, fine cracks spreading everywhere.