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Association of Cohort and Individual Substance Use With Risk of Transitioning to Drug Use, Drug Use Disorder, and Remission From Disorder: Findings From the World Mental Health Surveys

Louisa Degenhardt

Chrianna Bharat

Meyer D. Glantz

Nancy A. Sampson

Ali Al-Hamzawi

See next page for additional authors

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Association of Cohort and Individual Substance Use With Risk of Transitioning to Drug Use, Drug Use Disorder, and Remission From Disorder: Findings From the World Mental Health Surveys

Abstract

Importance: Limited empirical research has examined the extent to which cohort-level prevalence of substance use is associated with the onset of drug use and transitioning into greater involvement with drug use.

Objective: To use cross-national data to examine time-space variation in cohort-level drug use to assess its associations with onset and transitions across stages of drug use, abuse, dependence, and remission.

Design, Setting, and Participants: The World Health Organization World Mental Health Surveys carried out cross-sectional general population surveys in 25 countries using a consistent research protocol and assessment instrument. Adults from representative household samples were interviewed face-to-face in the community in relation to drug use disorders. The surveys were conducted between 2001 and 2015. Data analysis was performed from July 2017 to July 2018.

Main Outcomes and Measures: Data on timing of onset of lifetime drug use, *DSM-IV* drug use disorders, and remission from these disorders was assessed using the Composite International Diagnostic Interview. Associations of cohort-level alcohol prevalence and drug use prevalence were examined as factors associated with these transitions.

Results: Among the 90 027 respondents (48.1% [SE, 0.2%] men; mean [SE] age, 42.1 [0.1] years), 1 in 4 (24.8% [SE, 0.2%]) reported either illicit drug use or extramedical use of prescription drugs at some point in their lifetime, but with substantial time-space variation in this prevalence. Among users, 9.1% (SE, 0.2%) met lifetime criteria for abuse, and 5.0% (SE, 0.2%) met criteria for dependence. Individuals who used 2 or more drugs had an increased risk of both abuse (odds ratio, 5.17 [95% CI, 4.66-5.73]; $P < .001$) and dependence (odds ratio, 5.99 [95% CI, 5.02-7.16]; $P < .001$) and reduced probability of remission from abuse (odds ratio, 0.86 [95% CI, 0.76-0.98]; $P = .02$). Birth cohort prevalence of drug use was also significantly associated with both initiation and illicit drug use transitions; for example, after controlling for individuals' experience of substance use and demographics, for each additional 10% of an individual's cohort using alcohol, a person's odds of initiating drug use increased by 28% (odds ratio, 1.28 [95% CI, 1.26-1.31]). Each 10% increase in a cohort's use of drug increased individual risk by 12% (1.12 [95% CI, 1.11-1.14]).

Conclusions and Relevance: Birth cohort substance use is associated with drug use involvement beyond the outcomes of individual histories of alcohol and other drug use. This has important implications for understanding pathways into and out of problematic drug use.

Keywords

substance use, alcohol use, drug use, cohort analysis, risk, intervention

Disciplines

Substance Abuse and Addiction

Authors

Louisa Degenhardt, Chrianna Bharat, Meyer D. Glantz, Nancy A. Sampson, Ali Al-Hamzawi, Jordi Alonso, Laura H. Andrade, Brendan Bunting, Alfredo Cia, Giovanni de Girolamo, Peter De Jonge, Koen Demuyttenaere, Oye Gureje, Josep Maria Haro, Meredith G. Harris, Yanling He, Hristo Hinkoy, Aimee Nasser

Karam, Elie G. Karam, Andrzej Kiejna, Viviane Kovess-Masfety, Victor Lasebikan, Sing Lee, Daphna Levinson, Maria Elena Medina-Mora, Zeina Mneimneh, Fernando Navarro-Mateu, Marina Piazza, Jose Posada-Villa, Kate Scott, Dan J. Stein, Hisateru Tachimori, Nathan L. Tintle, Yolanda Torres, and Ronald C. Kessler

Association of Cohort and Individual Substance Use With Risk of Transitioning to Drug Use, Drug Use Disorder, and Remission From Disorder

Findings From the World Mental Health Surveys

Louisa Degenhardt, PhD; Chrianna Bharat, BSc; Meyer D. Glantz, PhD; Nancy A. Sampson, BA; Ali Al-Hamzawi, MBChB, MD, FICMS; Jordi Alonso, MD, PhD; Laura H. Andrade, MD, PhD; Brendan Bunting, PhD; Alfredo Cia, MD; Giovanni de Girolamo, MD; Peter De Jonge, PhD; Koen Demyttenaere, MD, PhD; Oye Gureje, MD, PhD, FRCPsych; Josep Maria Haro, MD, PhD; Meredith G. Harris, MPH, PhD; Yanling He, MD; Hristo Hinkov, MD, PhD; Aimee Nasser Karam, PhD; Elie G. Karam, MD; Andrzej Kiejna, MD, PhD; Viviane Kovess-Masfety, MD, PhD; Victor Lasebikan, MBChB, MSc, MPH, PhD; Sing Lee, MB, BS; Daphna Levinson, PhD; Maria Elena Medina-Mora, DrPH; Zeina Mneimneh, PhD; Fernando Navarro-Mateu, MD, PhD; Marina Piazza, MPH, ScD; José Posada-Villa, MD; Kate Scott, PhD; Dan J. Stein, FRCPC, PhD; Hisateru Tachimori, PhD; Nathan Tintle, PhD; Yolanda Torres, MPH; Ronald C. Kessler, PhD; for the WHO World Mental Health Survey Collaborators

[+ Supplemental content](#)

IMPORTANCE Limited empirical research has examined the extent to which cohort-level prevalence of substance use is associated with the onset of drug use and transitioning into greater involvement with drug use.

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RESULTS Among the 90 027 respondents (48.1% [SE, 0.2%] men; mean [SE] age, 42.1 [0.1] years), 1 in 4 (24.8% [SE, 0.2%]) reported either illicit drug use or extramedical use of prescription drugs at some point in their lifetime, but with substantial time-space variation in this prevalence. Among users, 9.1% (SE, 0.2%) met lifetime criteria for abuse, and 5.0% (SE, 0.2%) met criteria for dependence. Individuals who used 2 or more drugs had an increased risk of both abuse (odds ratio, 5.17 [95% CI, 4.66-5.73]; $P < .001$) and dependence (odds ratio, 5.99 [95% CI, 5.02-7.16]; $P < .001$) and reduced probability of remission from abuse (odds ratio, 0.86 [95% CI, 0.76-0.98]; $P = .02$). Birth cohort prevalence of drug use was also significantly associated with both initiation and illicit drug use transitions; for example, after controlling for individuals' experience of substance use and demographics, for each additional 10% of an individual's cohort using alcohol, a person's odds of initiating drug use increased by 28% (odds ratio, 1.28 [95% CI, 1.26-1.31]). Each 10% increase in a cohort's use of drug increased individual risk by 12% (1.12 [95% CI, 1.11-1.14]).

CONCLUSIONS AND RELEVANCE Birth cohort substance use is associated with drug use involvement beyond the outcomes of individual histories of alcohol and other drug use. This has important implications for understanding pathways into and out of problematic drug use.

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Author Affiliations: Author affiliations are listed at the end of this article.

Group Information: The WHO World Mental Health Survey Collaborators are listed at the end of the article.

Corresponding Author: Louisa Degenhardt, PhD, National Drug and Alcohol Research Centre, UNSW Sydney, Sydney, Australia (l.degenhardt@unsw.edu.au).

Improved understanding of determinants of drug use disorders (DUDs) and transitions through different levels of involvement is important to assist in identifying critical periods when specific interventions may be best targeted and shed light on potential factors that may affect such trajectories. Research on trajectories of drug use has most often considered the transition between use and dependence^{1,2} or focused on specific populations, such as people in treatment for DUDs.³⁻⁵

The general population studies that have explored the natural history of substance use show that social contextual risk factors have differential roles in each transition stage.^{2,6-10} For example, substance use is linked to social and peer-level variables¹¹; and evidence suggests that the extent to which behavior is normative may be associated with adverse substance use outcomes (with people engaging in less normative behavior having a greater likelihood of problematic substance use).^{12,13}

Previous studies have found that chronological age, historical period, and birth cohort effects are associated with differences in substance use and associated problems.¹⁴⁻¹⁷ Differences by age group in substance use and associated problems have often been attributed at least in part to developmental and maturational factors,¹¹ especially when cross-sectional comparisons are made between age groups within a sample of a population that covers a broad age range.¹⁸⁻²⁰

However, individuals are also strongly influenced by the broader social context in which they live. Substance use influences (eg, substance use norms, enforcement of sanctions against drug use, drug availability, and perceptions of risk), have varied widely across geographical locations and in different periods in history. Cohort effects include the shared social and environmental influences on individuals born at particular times as they mature, experiencing the extant period effects, including changes in period effects over time. There are complex issues involved in distinguishing period and cohort effects,^{21,22} and although there is evidence of both influences, research has shown that substance use behaviors are especially associated with cohort effects,^{17,23,24} which may modify period effects and perhaps have other social influences. Supporting this possibility, we previously used a national study of Australian adults to investigate associations of levels of involvement with alcohol and cannabis use with birth cohort use²⁵ and found that the level of alcohol or cannabis use within an individual's age cohort was associated with risks of progressing further into involvement with alcohol and cannabis use, respectively.²⁵

In this article, we present (for the first time, to our knowledge) country-level data on lifetime prevalence of illicit drug use, *DSM-IV* DUDs (including drug abuse and dependence), and remission from DUDs. We also conduct the first-ever analyses of the influence of cohort effects on individuals' drug use cross-nationally using the World Health Organization (WHO) World Mental Health (WMH) Surveys (<https://www.hcp.med.harvard.edu/wmh/>),²⁶ a unique database made up of 27 population surveys conducted in 25 countries across the globe. We examine the extent to which an individual's birth cohort's use of both alcohol and drugs at

Key Points

Question Is the extent to which alcohol and other drugs are used in an individual's birth cohort associated with an individual's risk of commencing drug use, transitioning to problematic use, and entering remission?

Findings This study of cross-national data of 90 027 respondents from the World Mental Health Surveys found that an individual's personal risk of transitioning to greater involvement with drug use is associated with the substance use histories of their age cohort, as well as their own history of involvement with drugs and alcohol. Results were statistically significant after controlling for sociodemographic factors and were consistent across country income levels.

Meaning Per this analysis, any intervention to reduce substance use within a cohort may also reduce individual-level risk for transitioning into greater levels of involvement with drug use.

various points in the life course is associated with the individual transitioning across levels of involvement with drug use net of the outcomes of the individual's own history of substance use at that point in time.

Method

Sample

Data come from 27 WMH surveys that assessed DUDs. Six surveys were conducted in countries classified by the World Bank at time of data collection as having low or lower-middle income levels (Colombia [national], Iraq, Nigeria, People's Republic of China, Peru, and Ukraine), 6 surveys in 6 countries classified as having upper-middle income levels (Brazil, Bulgaria, Colombia [Medellín region only], Lebanon, Mexico, and South Africa), and 15 surveys in 14 in countries classified as having high income levels (Argentina, Australia, Belgium, France, Germany, Israel, Italy, Japan, Netherlands, New Zealand, Northern Ireland, Poland, Spain [including separate national and regional surveys], and the United States). Most surveys were based on nationally representative household samples. The sample characteristics for all participating surveys are shown in eTable 1 in the [Supplement](#).

Informed consent was obtained before beginning interviews in all countries. Procedures for obtaining informed consent and protecting participants were approved and monitored by the institutional review boards of organizations coordinating surveys in each country. Full details of the WMH surveys have been published previously²⁶⁻³⁰ and are summarized in the eMethods in the [Supplement](#) (which also references eTables 14 and 15 in the [Supplement](#)).

Data Analysis

Age at onset and speed of transition between various drug stages were examined. These stages were use (the first time using any drug), *DSM-IV* abuse, *DSM-IV* dependence, remission from abuse without dependence (defined as absence of all abuse symptoms for more than 12 months at the time of the

interview), and remission from dependence (defined as an absence of all dependence symptoms for more than 12 months at the time of the interview). To improve cross-national comparability, all survey data were restricted to persons 18 years and older at the time of the interview.

All analyses were carried out in SAS version 9.4 (SAS Institute) using weighted data and accounting for the complex survey design features, namely stratification and clustering. Person weights were used to adjust for probability of selection, nonresponse and poststratification factors, and part II data weights adjusted for oversampling of part I respondents with mental disorders. These weighting procedures ensured that all samples are representative of the population of the survey country or region at the time of data collection.

Life-table (actuarial) estimates of the survival functions for age at onset and remission were produced using the SAS PROC LIFETEST procedure and are reported as weighted prevalence. Discrete-time logistic regression models were used to investigate the outcome of cohort and individual substance use variables on the commencement of illicit drug use and transitions from use to disorder (abuse and dependence) and disorder to remission (among participants with a valid age at onset of remission; eMethods in the [Supplement](#)). These analyses were conducted in SAS PROC SURVEYLOGISTIC using person-year as the unit of analysis and a logistic link function.

Person-year data sets were created in which each year in the life of each respondent during which they were at risk of transitioning, from the age at onset of the initial stage up to the age at onset of the transition or age at interview (whichever came first), was treated as a separate observational record. The year of transition was coded 1 and earlier years coded 0 on a dichotomous response variable. Survival coefficients and standard errors are presented as odds ratios (ORs) and 95% CIs. Multivariable significance tests were made with Wald χ^2 tests using Taylor series design-based coefficient variance-covariance matrices and significance evaluated at .05 with 2-sided tests.

A country-specific or region-specific contextual variable representing cumulative lifetime prevalence of substance use in the individual's birth cohort at each year of life was constructed and used to assess transitioning to each drug stage. An individual's birth cohort was based on their year of birth ± 5 years, which created 11-year-wide survey-specific cohorts centered around their year of birth. The cohort widths were reduced for those aged between 18 and 22 years as close as possible to ensure symmetry around birth year; the total band width size was 2 years for 18-year-olds (18-19 years), 3 years for 19-year-olds (18-20 years), 5 years for 20-year-olds (18-22 years), 7 years for 21-year-olds (18-24 years) and 9 years for 22-year-olds (18-26 years). Cohorts were topcoded for those 65 years or older. The independent variable was the estimated proportion (divided by 10) of people in the individual's birth cohort who had used the specific substance (either alcohol or drugs) as of each prior year of age; in this way, it captured the percentage of people in the cohort who had already commenced use at any given age. To capture only the most prominent changes in cohort use, cohort use prevalence was set to 0 for person years younger than 12 years and topcoded

for those 30 years and older. Linearity of the cohort use variables were investigated.

To investigate the outcome of the individual's own prior involvement with alcohol on risk of drug transitions, 4 mutually exclusive, time-varying dummy variables were included as factors for highest lifetime-to-date level of alcohol involvement (none vs either use, abuse, dependence, or remission from abuse or dependence). In addition, models for transitions after first use considered the types of drugs being used, with indicators for onset of cannabis, cocaine, and other drug use (prescription drugs combined with the category "other drugs" owing to small numbers) as well as whether 2 or more of these drug categories had been used. A total of 6 models investigating cohort and individual substance involvement were investigated: (1) prevalence of cohort drug use, (2) prevalence of cohort alcohol use, (3) individuals' level of alcohol involvement, (4) type of drugs, (5) number of drugs, and (6) all cohort and individual substance variables. All models adjusted for a wide range of variables (eMethods in the [Supplement](#)). Data analysis was performed from July 2017 to July 2018.

Results

Combining participants from all 27 surveys, 90 093 respondents were administered the drug module. Sixty-six respondents (35 from Israel, 15 from Mexico, 11 from Japan, and 5 from South Africa) provided no valid answers to any drug use question and were excluded. Therefore, a total of 90 027 respondents are included in the analyses.

Prevalence of Use, Abuse, Dependence, Use Disorders, and Remission

Lifetime prevalence estimates for use of any drug and specific drugs are shown in [Table 1](#). Across countries, 24.8% (SE, 0.2%) of respondents reported lifetime illicit drug use or extramedical use of prescription drugs. Within each country income grouping, cannabis was the most commonly used drug of those considered; the United States (42.3% [SE, 1.0%]) and New Zealand (41.9% [SE, 0.7%]) had the highest lifetime cannabis prevalence. The United States (16.2% [SE, 0.6%]) and Murcia (Spain, 7.8% [SE, 1.1%]) had the highest lifetime prevalence of cocaine use. Highest estimates of extramedical prescription drug use were observed in some countries in Europe, including Italy (66.0% [SE, 0.2%]), Germany (62.3% [SE, 2.5%]), Spain (61.5% [SE, 2.6%]), Belgium (43.5% [SE, 3.0%]), and France (43.4% [SE, 2.0%]), whereas Iraq (1.3% [SE, 0.2%]), China (5.9% [SE, 0.9%]), Lebanon (6.2% [SE, 1.1%]), Japan (7.0% [SE, 0.8%]), and Bulgaria (7.3% [SE, 0.8%]) had the lowest rates of any drug use.

[Table 2](#) shows prevalence estimates of lifetime DUDs overall and conditional on ever having used drugs, as well as remission rates overall and among those with the specific use disorders. The lifetime prevalence of drug abuse and drug dependence in the total sample were 2.2% (SE, 0.1%) and 1.2% (SE, 0.1%), respectively ([Table 2](#)). Again, there was considerable geographic variation. Around 1 in 7 drug users devel-

Table 1. Lifetime Prevalence of Overall Drug Use and Specific Drug Use in the World Mental Health Surveys

Country ^a	No. ^b	% (SE) ^c				
		Cannabis	Cocaine	Prescription Drugs ^d	Other Drugs	Any Drugs ^{e,f}
Low and lower-middle income	18 179	5.3 (0.2)	2.0 (0.1)	4.7 (0.2)	0.6 (0.1)	10.0 (0.3)
Colombia	4426	10.8 (0.6)	4.0 (0.4)	2.2 (0.3)	0.9 (0.2)	12.7 (0.7)
Iraq	4332	0.0 (0.0)	0.0 (0.0)	1.2 (0.2)	0.1 (0.0)	1.3 (0.2)
Nigeria	2143	2.7 (0.5)	0.1 (0.1)	18.7 (1.3)	0.5 (0.2)	20.4 (1.3)
Peru	3930	7.9 (0.4)	4.8 (0.2)	4.3 (0.3)	1.0 (0.1)	13.3 (0.5)
China	1628	0.3 (0.1)	0.0 (0.0)	5.8 (0.9)	0.2 (0.2)	5.9 (0.9)
Ukraine	1720	6.4 (1.0)	0.1 (0.0)	2.4 (0.6)	0.8 (0.2)	8.4 (1.2)
Upper-middle income	20 051	9.2 (0.3)	3.1 (0.2)	7.8 (0.4)	1.5 (0.1)	16.2 (0.5)
Brazil	5037	11.8 (0.7)	5.2 (0.4)	6.9 (0.3)	2.5 (0.3)	17.6 (0.7)
Bulgaria	2233	1.3 (0.5)	0.0 (0.0)	6.1 (0.6)	0.0 (0.0)	7.3 (0.8)
Lebanon	1031	4.6 (0.9)	0.7 (0.3)	2.0 (0.6)	0.3 (0.2)	6.2 (1.1)
Medellín	1673	21.9 (1.9)	6.3 (0.9)	2.7 (0.6)	1.8 (0.4)	22.7 (1.9)
Mexico	5767	7.8 (0.5)	4.0 (0.4)	1.8 (0.3)	1.0 (0.2)	10.1 (0.5)
South Africa	4310	8.4 (0.6)	0.7 (0.3)	21.5 (1.5)	1.7 (0.3)	27.2 (1.7)
High income	51 797	24 (0.3)	4.4 (0.1)	13.6 (0.2)	6.2 (0.2)	33.3 (0.3)
Argentina	2116	14.2 (1.0)	5.8 (0.6)	14.4 (1.1)	3.3 (0.5)	26.3 (1.3)
Australia	8463	19.8 (0.6)	2.9 (0.3)	2.5 (0.2)	7.3 (0.4)	21.4 (0.6)
Belgium	1043	10.4 (1.6)	1.5 (0.6)	43.5 (3.0)	2.8 (0.8)	47.6 (2.8)
France	1436	19 (1.6)	1.5 (0.4)	43.4 (2.0)	4.8 (0.7)	52.7 (1.7)
Germany	1323	17.5 (1.6)	1.9 (0.5)	62.3 (2.5)	3.4 (0.7)	66.4 (2.5)
Israel	4824	11.5 (0.5)	0.9 (0.1)	1.7 (0.2)	1.8 (0.2)	12.9 (0.5)
Italy	1779	6.6 (0.8)	1.0 (0.3)	66.0 (2.0)	0.9 (0.2)	66.8 (2.0)
Japan	1671	1.5 (0.4)	0.5 (0.2)	4.8 (0.7)	1.8 (0.5)	7.0 (0.8)
Murcia, Spain	1459	23.1 (1.3)	7.8 (1.1)	0.9 (0.5)	3.1 (0.8)	24.2 (1.5)
Netherlands	1094	19.8 (1.3)	1.9 (0.2)	20.1 (2.4)	4.1 (0.8)	35.9 (2.4)
New Zealand	12 790	41.9 (0.7)	4.3 (0.3)	6.6 (0.3)	10.2 (0.4)	42.9 (0.7)
Northern Ireland	1986	17.3 (1.1)	3.5 (0.5)	2.3 (0.4)	4.5 (0.7)	18.2 (1.2)
Poland	4000	3.8 (0.3)	0.4 (0.1)	5.1 (0.3)	1.5 (0.2)	8.7 (0.5)
Spain	2121	15.9 (1.3)	4.1 (0.7)	61.5 (2.6)	3.5 (0.7)	64.5 (2.6)
United States	5692	42.3 (1.0)	16.2 (0.6)	11.3 (0.5)	11.1 (0.6)	44.2 (1.1)
All	90 027	16.9 (0.2)	3.6 (0.1)	10.5 (0.2)	4.0 (0.1)	24.8 (0.2)

^a County income group reflects economic development status at time of data collection based on the World Bank country level ranking.

^b Indicates the total unweighted number of respondents who responded to illicit drug use question(s).

^c Prevalence estimates are based on weighted data.

^d All European Study of the Epidemiology of Mental Disorders surveys (Belgium, France, Germany, Italy, Netherlands and Spain) asked 3 separate questions on extramedical use (on whether it was used without a prescription, more than prescribed, and so regularly in a nonmedical setting that you could not stop) for each prescription drug category. In contrast, most other surveys asked a

single question pertaining to extramedical use of specific or any prescription drugs. The more detailed question structure in the European Study of the Epidemiology of Mental Disorders interviews is likely the reason for the high rates of prescription drug use in these surveys.

^e Respondents were included in the category "any drugs" if they provided information relating to the use of at least 1 drug.

^f Used at least 1 of the drug categories considered: cannabis, cocaine, prescription drugs, and other drugs. Any drugs not captured by the first 3 categories were grouped as other drugs.

opened a DUD (14.0% [SE, 0.3%]), with the rate of abuse (9.1% [SE, 0.2%]) higher than dependence (5.0% [SE, 0.2%]). Remission prevalence rates for the entire cohort were 1.8% (SE, 0.1%) for abuse and 0.9% (SE, <0.1%) for dependence. Conditional remission estimates were 78.0% (SE, 1.1%) for drug abuse and 70.7% (SE, 1.7%) for drug dependence.

Age at Onset and Time to Transition Across Stages of Involvement

The **Figure** shows the cumulative age at onset curves for onset of illicit drug use, abuse, dependence, remission from

abuse and remission from dependence (Figure, A), and the cumulative time to transition between drug stages (Figure, B). Onset of drug use largely occurred during the late teenage years (median [interquartile range; IQR] age at onset, 19 [16-24] years). For DUDs, the median (IQR) age at onset was slightly earlier for abuse (20 [18-25] years) than dependence (21 [18-26] years). This was similar for remission, with the median age at onset of remitting from abuse 1 year younger than the median age at onset of dependence remission (28 [IQR, 23-37] years vs 29 [IQR, 24-36] years).

Table 2. Conditional Lifetime Prevalence of *DSM-IV* Drug Use Disorders and Remission in the World Mental Health Surveys^a

Country ^d	No. ^e	Prevalence, % (SE) ^b				Conditional Prevalence, % (SE) ^{b,c}				
		Abuse ^f	Dependence	Remission From Abuse ^g	Remission From Dependence	Abuse Among Users ^f	Dependence Among Users	Any Drug Use Disorder Among Users	Remission Among Individuals With Lifetime Abuse ^g	Remission Among Individuals With Lifetime Dependence
Low and lower-middle income	18 179	0.6 (0.1)	0.3 (0.0)	0.5 (0.1)	0.2 (0)	6.1 (0.6)	3.2 (0.5)	9.3 (0.9)	75 (5.5)	56.4 (6.7)
Colombia	4426	0.9 (0.2)	0.8 (0.2)	0.7 (0.1)	0.4 (0.1)	6.8 (1.3)	6.4 (1.3)	13.2 (2.1)	75 (8.3)	54.7 (7.6)
Iraq	4332	0.1 (0.1)	0.0 (0.0)	0.0 (0.0)	0.0 (0.0)	11.4 (7.6)	0.9 (0.9)	12.3 (7.6)	NA ^h	NA
Nigeria	2143	1.0 (0.2)	0.0 (0.0)	0.8 (0.2)	0.0 (0.0)	5.0 (1.1)	0.1 (0.1)	5.1 (1.1)	NA	NA
Peru	3930	0.8 (0.1)	0.3 (0.1)	0.7 (0.1)	0.1 (0.1)	5.8 (0.8)	2.1 (0.8)	8.0 (1.2)	NA	NA
China	1628	0.4 (0.2)	0.0 (0.0)	0.4 (0.2)	0.0 (0.0)	7.5 (3.2)	0.2 (0.2)	7.7 (3.2)	NA	NA
Ukraine	1720	0.4 (0.2)	0.6 (0.2)	0.2 (0.1)	0.4 (0.2)	5.0 (2.5)	6.7 (1.9)	11.7 (2.6)	NA	NA
Upper-middle income	20 051	1.7 (0.1)	0.8 (0.1)	1.1 (0.1)	0.5 (0.1)	10.4 (0.7)	4.9 (0.6)	15.3 (0.9)	67.7 (3.2)	64.1 (4.4)
Brazil	5037	1.5 (0.2)	1.4 (0.3)	1.3 (0.2)	0.9 (0.2)	8.6 (1.0)	7.9 (1.6)	16.5 (1.8)	83.1 (5.2)	62.4 (6.3)
Bulgaria	2233	0.2 (0.1)	NA	0.2 (0.1)	0.0 (0.0)	2.3 (1.2)	0.0 (0.0)	2.3 (1.2)	NA	NA
Lebanon	1031	0.3 (0.3)	0.1 (0.1)	0.3 (0.3)	0.0 (0.0)	5.6 (4.6)	2.3 (1.5)	7.8 (3.8)	NA	NA
Medellín	1673	3.4 (0.5)	1.9 (0.4)	2.9 (0.5)	1.1 (0.3)	14.9 (2.2)	8.2 (1.7)	23.1 (2.8)	84.9 (4.6)	57.3 (10.1)
Mexico	5767	0.9 (0.2)	0.5 (0.1)	0.7 (0.1)	0.3 (0.1)	9.1 (1.5)	4.9 (1.1)	14.0 (1.6)	76.6 (6.6)	NA
South Africa	4310	3.4 (0.3)	0.6 (0.2)	1.6 (0.2)	0.5 (0.1)	12.4 (1.4)	2.3 (0.6)	14.7 (1.8)	48.2 (5.6)	NA
High income	51 797	3.0 (0.1)	1.7 (0.1)	2.4 (0.1)	1.3 (0.1)	9.1 (0.3)	5.2 (0.2)	14.3 (0.3)	80.5 (1.2)	72.9 (1.9)
Argentina	2116	3.0 (0.5)	1.2 (0.3)	2.1 (0.3)	0.7 (0.2)	11.4 (1.7)	4.4 (1.1)	15.9 (1.9)	68.2 (7)	63.9 (8.5)
Australia	8463	4.6 (0.2)	2.9 (0.3)	4.0 (0.2)	2.3 (0.3)	21.6 (1.2)	13.5 (1.4)	35.1 (1.7)	86.2 (1.8)	79.8 (3.6)
Belgium	1043	3.4 (0.7)	1.1 (0.6)	2.3 (0.5)	0.4 (0.2)	7.1 (1.4)	2.3 (1.3)	9.4 (1.8)	69.2 (13.1)	NA
France	1436	2.6 (0.3)	0.9 (0.3)	2.2 (0.2)	0.6 (0.3)	5.0 (0.5)	1.7 (0.5)	6.6 (0.9)	84.3 (2.7)	NA
Germany	1323	2.4 (0.5)	0.5 (0.3)	2.2 (0.4)	0.2 (0.1)	3.6 (0.7)	0.7 (0.4)	4.4 (0.8)	90 (6.1)	NA
Israel	4824	1.4 (0.2)	0.3 (0.1)	1.1 (0.2)	0.3 (0.1)	10.8 (1.3)	2.3 (0.6)	13.1 (1.4)	81.6 (4.8)	NA
Italy	1779	2.1 (0.4)	0.4 (0.1)	1.8 (0.4)	0.3 (0.1)	3.1 (0.6)	0.6 (0.2)	3.7 (0.6)	87.4 (5.9)	NA
Japan	1671	0.2 (0.1)	0.0 (0.0)	0.1 (0.1)	0.0 (0.0)	3.0 (1.4)	0.7 (0.5)	3.7 (1.5)	NA	NA
Murcia	1459	2.4 (0.7)	1.2 (0.4)	1.7 (0.7)	0.6 (0.2)	10.0 (2.4)	5.2 (1.5)	15.2 (2.5)	NA	NA
Netherlands	1094	1.0 (0.3)	1.1 (0.6)	0.9 (0.3)	1.0 (0.6)	2.9 (0.9)	3.0 (1.7)	5.8 (1.8)	NA	NA
New Zealand	12 790	3.1 (0.2)	2.5 (0.2)	2.6 (0.2)	1.6 (0.1)	7.2 (0.5)	5.8 (0.4)	13.0 (0.6)	82.8 (2.3)	65.2 (3.4)
Northern Ireland	1986	2.7 (0.4)	0.6 (0.2)	1.5 (0.3)	0.4 (0.1)	14.8 (2.3)	3.5 (0.9)	18.4 (2.5)	54.2 (8.6)	NA
Poland	4000	1.2 (0.2)	0.2 (0.1)	0.4 (0.1)	0.1 (0.0)	13.5 (1.7)	2.8 (0.9)	16.2 (2.0)	36.8 (7.1)	NA
Spain	2121	3.8 (0.5)	0.3 (0.1)	3.2 (0.6)	0.3 (0.1)	5.9 (0.9)	0.5 (0.1)	6.3 (0.9)	84.8 (5.7)	NA
United States	5692	4.9 (0.3)	3.5 (0.2)	4.1 (0.2)	2.9 (0.2)	11.1 (0.7)	7.8 (0.5)	18.9 (0.9)	83.1 (1.7)	83.5 (2.6)
All	90 027	2.2 (0.1)	1.2 (0.1)	1.8 (0.1)	0.9 (0.0)	9.1 (0.2)	5.0 (0.2)	14.0 (0.3)	78 (1.1)	70.7 (1.7)

Abbreviation: NA, not available.

^a Disorder and remission diagnoses are for any drug.^b Prevalence estimates are based on weighted data.^c Inclusion in the denominator is conditional on persons having met a certain level of drug involvement.^d Country income group reflects economic development status at time of data

collection based on the World Bank country level ranking.

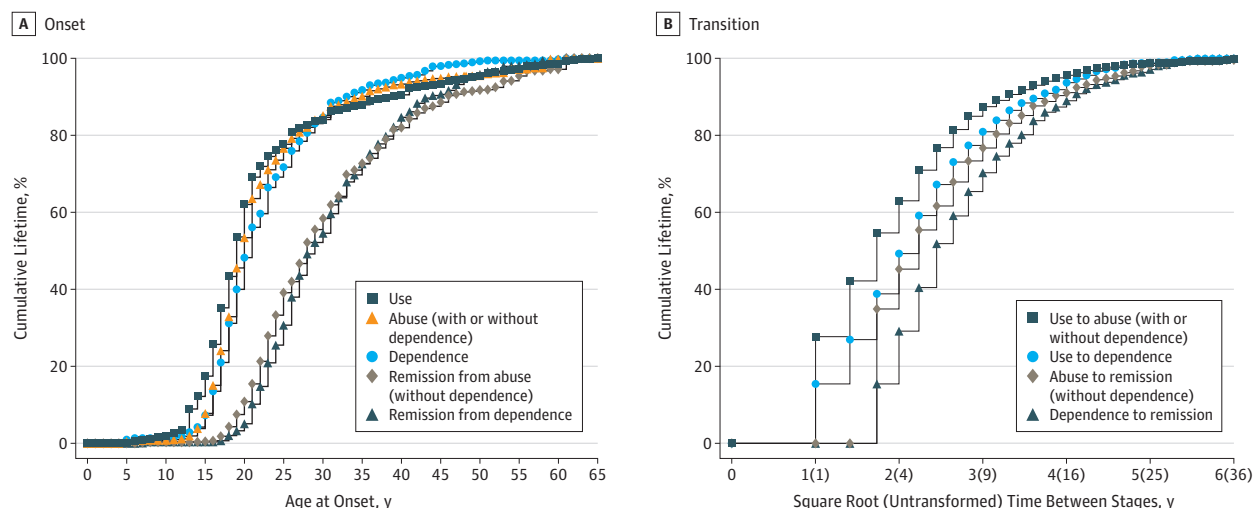
^e Indicates the total unweighted number of respondents.^f Excludes persons with lifetime drug dependence.^g Remission from abuse excludes persons with lifetime drug dependence.^h Cells marked NA indicate the estimates were not provided because of small sample sizes (n < 30).

The transition from initial use to DUD onset was often fast, with 54.7% (95% CI, 54.5-54.8) of all users who developed abuse doing so within 3 years of first use. Median (IQR) time to dependence was slightly longer, at 5 (2-8) years from first use. Among those that eventually remitted, median (IQR) time with the disorder was slightly longer for dependence at 6 (4-11) years, compared with abuse at 5 (3-9) years.

Factors Associated With Transitions Between Stages of Drug Involvement

Table 3 summarizes the results of 5 models investigating the association of each substance variable with transitions between stages of drug involvement, with adjustment for all sociodemographic variables. (Complete set of results are shown in eTables 2-7 in the [Supplement](#).)

Figure. Age at Onset and Transition Times Between Drug Use, Use Disorders, and Remission



A, The cumulative age at onset curves for illicit drug use, abuse (without hierarchy), dependence, remission from abuse, and remission from dependence. Each curve includes respondents with and without the specific diagnosis, where age at onset for the latter is censored at age of interview. Estimates were scaled up to reach 100%. B, The cumulative curves for time to

transition between various drug stages. Each curve includes only respondents with a diagnosis of the second stage. In A and B, persons with missing age at onset of remission were excluded from associated curves ($n = 147$ for remission from abuse; $n = 104$ for remission from dependence).

Cohort-Level Substance Use

In the transition models that considered prevalence of drug use in an individual's age cohort (model 1), an increase in the drug use of the cohort that an individual was in was associated with an increased individual risk of commencing drug use (OR, 1.31 [95% CI, 1.29-1.33]; $P < .001$), transitioning from use to abuse (OR, 1.11 [95% CI, 1.07-1.16]; $P < .001$), transitioning from use to dependence (OR, 1.10 [95% CI, 1.03-1.18]; $P = .007$), remitting from abuse (OR, 1.65 [95% CI, 1.54-1.77]; $P < .001$), and remitting from dependence (OR, 1.65 [1.44-1.88]; $P < .001$). With the exception of transitions to dependence, similar results were also observed when examining the prevalence of cohort alcohol use (model 2; ORs: commencing use, 1.51 [95% CI, 1.49-1.54]; $P < .001$; transitioning from use to abuse, 1.13 [95% CI, 1.07-1.19]; $P < .001$; remission from abuse, 1.44 [95% CI, 1.30-1.61]; $P < .001$; remission from dependence, 1.67 [95% CI, 1.12-2.50]; $P = .01$).

Individual-Level Substance Use History

At the individual level, having already developed alcohol abuse was strongly associated with an increased risk of starting drug use (OR, 10.78 [95% CI, 9.38-12.40]; $P < .001$), transitioning to drug abuse (OR, 5.52 [95% CI, 4.40-6.92]; $P < .001$) or dependence (OR, 3.80 [95% CI, 2.50-5.78]; $P < .001$), but also remitting from drug abuse (OR, 1.36 [95% CI, 1.07-1.72]; $P = .01$) or dependence (OR, 2.18 [95% CI, 1.32-3.62]; $P = .003$; model 3). Similar results were found for having previously developed alcohol dependence (ORs: use, 12.81 [95% CI, 10.29-15.94]; $P < .001$; abuse, 6.48 [95% CI, 4.94-8.50]; $P < .001$; dependence, 6.33 [95% CI, 4.12-9.73]; $P < .001$; remission from abuse, 1.49 [95% CI, 1.12-1.99]; $P = .006$; and remission from dependence, 1.76 [95% CI, 1.09-2.84]; $P = .02$) and remission from either alcohol abuse or dependence (ORs: use, 4.08 [95% CI,

3.20-5.21]; $P < .001$; abuse, 2.59 [95% CI, 1.78-3.78]; $P < .001$; dependence, 2.01 [95% CI, 1.20-3.37]; $P < .001$; remission from abuse, 2.25 [95% CI, 1.67-3.02]; $P < .001$; and remission from dependence, 3.28 [95% CI, 1.99-5.40]; $P < .001$).

Considering the types of drugs used (model 4), cocaine increased risk of transitioning to drug dependence (OR, 3.54 [95% CI, 2.83-4.42]; $P < .001$), as did other drugs (OR, 3.25 [95% CI, 2.61-4.04]; $P < .001$); people with a history of cannabis use were also more likely to remit from both drug abuse (OR, 1.68 [95% CI, 1.36-2.08]; $P < .001$) and drug dependence (OR, 1.65 [95% CI, 1.20-2.27]; $P = .002$) than those who had not used cannabis.

When considering only the number of drugs used (model 5), the use of 2 or more drug types increased the odds of transitioning to abuse (OR, 5.17 [95% CI, 4.66-5.73]; $P < .001$) and dependence (OR, 5.99 [95% CI, 5.02-7.16]; $P < .001$) and reduced the odds of remitting from abuse (OR, 0.86 [95% CI, 0.76-0.98]; $P = .02$).

Both Individual and Cohort Substance Use History

Table 4 presents the results obtained when including all individual and cohort-level substance use variables considered in the same model (also adjusting for sociodemographic variables). Once adjusting for an individual's own prior substance involvement, an increase in their cohort's drug use was associated with an increased individual risk of commencing drug use (OR, 1.12 [95% CI, 1.11-1.14]; $P < .001$) and remitting from abuse (OR, 1.57 [95% CI, 1.46-1.69]; $P < .001$) and dependence (OR, 1.59 [95% CI, 1.39-1.83]; $P < .001$) but was no longer associated with developing DUDs. Similar results were observed for cohort alcohol use; an increase in prevalence of cohort alcohol use was associated with increased individual risk only of commencing drug use (OR, 1.28 [95% CI,

Table 3. Association of Each Substance Variable With Transitions Between Stages of Lifetime Illicit Drug Use, Use Disorders, and Remission, Adjusted for All Sociodemographic Variables^a

Model	Transition 1: Commencing Use			Transition 2: Use to Abuse, With and Without Dependence			Transition 3: Use to Dependence			Transition 4: Remission From Abuse, Without Dependence ^e			Transition 5: Remission From Dependence ^e		
	Odds Ratio, (95% CI)	χ^2_1	P Value	Odds Ratio, (95% CI)	χ^2_1	P Value	Odds Ratio, (95% CI)	χ^2_1	P Value	Odds Ratio, (95% CI)	χ^2_1	P Value	Odds Ratio, (95% CI)	χ^2_1	P Value
Total sample size, No. ^b	90 022			23 073			23 073			2088			1167		
1															
Per 10% of age cohort already using drugs ^c	1.31 (1.29-1.33)	1389.01	<.001	1.11 (1.07-1.16)	24.84	<.001	1.10 (1.03-1.18)	7.16	.007	1.65 (1.54-1.77)	197.06	<.001	1.65 (1.44-1.88)	53.87	<.001
2															
Per 10% of age cohort already using alcohol ^c	1.51 (1.49-1.54)	2043.51	<.001	1.13 (1.07-1.19)	21.85	<.001	1.08 (0.99-1.18)	2.94	.09	1.44 (1.30-1.61)	44.00	<.001	1.67 (1.12-2.50)	6.22	.01
3															
Highest level of individual's alcohol involvement ^d															
Use	4.64 (4.39-4.90)	3087.76	<.001	1.50 (1.26-1.80)	19.60	<.001	1.39 (0.99-1.96)	3.53	.06	1.39 (1.11-1.72)	8.61	.003	1.94 (1.19-3.18)	6.95	.008
Abuse	10.78 (9.38-12.40)	1120.27	<.001	5.52 (4.40-6.92)	219.64	<.001	3.80 (2.50-5.78)	39.03	<.001	1.36 (1.07-1.72)	6.38	.01	2.18 (1.32-3.62)	9.14	.003
Dependence	12.81 (10.29-15.94)	522.38	<.001	6.48 (4.94-8.50)	182.37	<.001	6.33 (4.12-9.73)	71.06	<.001	1.49 (1.12-1.99)	7.59	.006	1.76 (1.09-2.84)	5.30	.02
Remission	4.08 (3.20-5.21)	128.18	<.001	2.59 (1.78-3.78)	24.48	<.001	2.01 (1.20-3.37)	7.08	.008	2.25 (1.67-3.02)	28.88	<.001	3.28 (1.99-5.40)	21.70	.001
Joint test of all 4 indicators, χ^2_4 (P value)	NA	3251.41	<.001	NA	465.08	<.001	NA	150.16	<.001	NA	30.29	<.001	NA	42.15	<.001
4															
Type of drug(s) already used by individual															
Cannabis	NA	NA	NA	3.10 (2.53-3.81)	116.54	<.001	2.53 (1.76-3.63)	25.02	<.001	1.68 (1.36-2.08)	22.50	<.001	1.65 (1.20-2.27)	9.56	.002
Cocaine	NA	NA	NA	3.22 (2.79-3.72)	255.96	<.001	3.54 (2.83-4.42)	123.08	<.001	1.10 (0.96-1.26)	1.98	.16	0.88 (0.73-1.06)	1.74	.19
Other	NA	NA	NA	2.62 (2.28-3.01)	184.01	<.001	3.25 (2.61-4.04)	112.36	<.001	0.80 (0.71-0.89)	16.55	<.001	0.92 (0.75-1.12)	0.67	.41
Joint test of all 3 indicators, χ^2_3 (P value)	NA	NA	NA	NA	696.02	<.001	NA	379.52	<.001	NA	43.05	<.001	NA	12.99	.005
5															
Individual used ≥ 2 drug types	NA	NA	NA	5.17 (4.66-5.73)	976.45	<.001	5.99 (5.02-7.16)	390.67	<.001	0.86 (0.76-0.98)	5.45	.02	0.91 (0.74-1.13)	0.74	.39

Abbreviation: NA, not applicable.

^a All transitions are based on weighted person-year data. Each model was estimated for all transitions with only the 1 substance variable entered at a time as factors of each transition controlling for person-year age groups; sex; education level; major depressive episode; broad bipolar disorder; number of anxiety disorders; and survey (transition 1); all controls specified for transition 1 as well as age tertile of commencing alcohol use (transition 2); all controls specified for transition 2 as well as drug abuse (transition 3); and all controls specified for transition 2 as well as speed to transition from use to disorder and years with disorder (transitions 4 and 5).

^b Indicates the total unweighted number of respondents included in model conditioning on initial stage.

^c Percentage (divided by 10) of ± 5 -year specific cohort who had used the substance by the prior person-year.

^d Alcohol transition variables are mutually exclusive; only the highest alcohol level ever having been met (use < abuse < dependence < remission) is indicated for each person year.

^e Individuals with a missing age at onset of remission were excluded from the model (n = 147 for remission from abuse and n = 104 for remission from dependence).

Table 4. Associations of All Substance Variables With Transitions Between Stages of Lifetime Illicit Drug Use, Use Disorders, and Remission, Adjusted for All Sociodemographic Variables^a

Model 6	Transition 1: Commencing Use			Transition 2: Use to Abuse, With and Without Dependence			Transition 3: Use to Dependence			Transition 4: Remission From Abuse, Without Dependence ^b			Transition 5: Remission From Dependence ^b		
	Odds Ratio (95% CI)	χ^2_1	P Value	Odds Ratio (95% CI)	χ^2_1	P Value	Odds Ratio (95% CI)	χ^2_1	P Value	Odds Ratio (95% CI)	χ^2_1	P Value	Odds Ratio (95% CI)	χ^2_1	P Value
Total sample size, No. ^c	90 022			23 073			23 073			2088			1167		
Per 10% of age cohort already using drugs ^d	1.12 (1.11-1.14)	205.46	<.001	1.04 (0.99-1.09)	2.19	.14	1.04 (0.96-1.13)	1.04	.31	1.57 (1.46-1.69)	138.99	<.001	1.59 (1.39-1.83)	44.36	<.001
Per 10% of age cohort already using alcohol ^d	1.28 (1.26-1.31)	639.15	<.001	0.99 (0.94-1.05)	0.07	.79	0.94 (0.85-1.04)	1.28	.26	1.11 (1.00-1.22)	4.22	.04	1.19 (0.86-1.64)	1.07	.300
Highest level of individual's alcohol involvement ^e															
Use	3.59 (3.40-3.80)	2027.16	<.001	1.22 (1.02-1.47)	4.54	.03	1.17 (0.81-1.70)	0.74	.39	1.00 (0.79-1.27)	0.00	>.99	1.68 (1.03-2.74)	4.33	.04
Abuse	8.20 (7.16-9.38)	933.29	<.001	3.76 (2.98-4.74)	125.44	<.001	2.56 (1.65-3.97)	17.43	<.001	0.92 (0.71-1.20)	0.37	.55	1.90 (1.15-3.15)	6.21	.01
Dependence	9.77 (7.90-12.08)	441.06	<.001	4.33 (3.27-5.74)	104.69	<.001	4.19 (2.67-6.59)	38.54	<.001	1.11 (0.82-1.49)	0.43	.51	1.5 (0.93-2.42)	2.78	.10
Remission	3.10 (2.43-3.95)	84.01	<.001	1.76 (1.21-2.57)	8.58	.003	1.39 (0.81-2.40)	1.41	.24	1.59 (1.18-2.14)	9.14	.003	2.78 (1.69-4.55)	16.43	<.001
Joint test of all 4 indicators, χ^2_4 (P value)	NA	2238.03	<.001	NA	304.38	<.001	NA	99.35	<.001	NA	26.23	<.001	NA	35.78	<.001
Type of drug used by individual															
Cannabis	NA	NA	NA	0.84 (0.62-1.13)	1.36	.24	1.07 (0.66-1.73)	.07	.79	2.06 (1.61-2.64)	32.54	<.001	1.65 (1.16-2.34)	7.62	.006
Cocaine	NA	NA	NA	1.42 (1.14-1.76)	9.75	.002	2.35 (1.78-3.10)	36.01	<.001	1.28 (1.08-1.52)	7.91	.005	0.83 (0.67-1.03)	2.99	.08
Other	NA	NA	NA	0.82 (0.64-1.04)	2.67	.10	1.48 (1.06-2.07)	5.31	.02	1.06 (0.88-1.28)	0.43	.51	0.99 (0.77-1.29)	<.01	.97
Joint test of all 3 indicators, χ^2_3 (P value)	NA	NA	NA	NA	35.36	<.001	NA	48.37	<.001	NA	43.82	<.001	NA	11.82	.008
Individual used ≥ 2 drug types	NA	NA	NA	4.69 (3.56-6.18)	120.52	<.001	2.90 (1.97-4.29)	28.74	<.001	0.58 (0.46-0.74)	19.96	<.001	0.83 (0.58-1.18)	1.07	.30

Abbreviation: NA, not applicable.

^a All transitions are based on weighted person-year data. Each model was estimated for all transitions with all substance variables entered as factors of each transition, controlling for person-year age groups, sex, education level; major depressive episode; broad bipolar disorder; number of anxiety disorders; and survey (transition 1); all controls specified for transition 1 as well as age tertile of commencing alcohol use (transition 2); all controls specified for transition 2 as well as drug abuse (transition 3); and all controls specified for transition 2, as well as speed to transition from use to disorder and years with disorder (transitions 4 and 5).

^b Individuals with a missing age at onset of remission were excluded from the model (n = 147 for remission from abuse and n = 104 for remission from dependence).

^c Indicates the total unweighted number of respondents included in model conditioning on initial stage.

^d Percentage (divided by 10) of ± 5 -year specific cohort who had used the substance by the prior person year.

^e Alcohol transition variables are mutually exclusive; only the highest alcohol level ever having been met (use < abuse < dependence < remission) is indicated for each person year.

1.26-1.31]; $P < .001$) and remitting from abuse (OR, 1.11 [95% CI, 1.00-1.22]; $P = .04$), but was no longer associated with developing DUDs. Most other effects observed in the separate models remained significant. Analyses at the country income level were also investigated, the results of which are shown in eTables 8-13 in the [Supplement](#). Findings were largely consistent between country income group analyses and the pooled analyses presented in this study.

Discussion

The primary aim of the present study was to provide cross-national data on the epidemiology of drug use, abuse, and dependence and use a unique cross-national data set to examine transitions across levels of involvement with drug use, and the extent to which alcohol and other drug use in an individual's birth cohort was associated with an individual's risk of these transitions, in addition to that person's own prior involvement in alcohol and drug use. At an individual level, extent of involvement with both alcohol and drug use was strongly associated with risks of transitioning into drug abuse and dependence, consistent with previous findings.^{31,32} Even after having remitted from alcohol use disorder, individuals remained at increased risk of beginning drug use and transitioning to DUDs. Interestingly, individuals who had previously remitted from alcohol use disorder also had a higher likelihood of remitting from DUDs than those who never used alcohol.

After controlling for individual-level substance use history, extent of illicit drug use in an individual's birth cohort was associated with significantly increased risk of the individual beginning drug use and remitting from DUDs. Cohort alcohol use was also positively associated with commencement of illicit drug use and remission from drug abuse. That is, the more people in an individual's cohort who had a history of using those substances, the greater the likelihood of the individual remitting from the DUD after developing this disorder.

These findings speak to the social context in which substance use occurs. One of the most consistent findings in substance use research is that substance use of one's peers is associated with a greater likelihood of involvement with substance use for an individual.³³ Here, we have further shown that this is a generalized pattern, whereby not only substance use among one's friends matters, but also that of one's peer cohort more generally. This may be through multiple mechanisms, such as associations with perceived drug use norms³⁴ and increased opportunities to use substances.³⁵ Furthermore, cohort substance use was shown not only to be associated with greater involvement with drugs, but rather to have even stronger associations observed for transitions to remission from DUDs. This may reflect that individuals exposed to higher cohort-level prevalence also have greater access to treatment services than individuals exposed to lower cohort-level prevalence, or perhaps that as cohort substance use increases those who are transitioning to these disorders may be less prone to problematic use or use disorders at the individual level and, as a result, enter remission from those dis-

orders at a higher rate. These findings also suggest that the risk for commencing drug use and remission from problems is not constant but varies, in this case according to the extent to which substance use is occurring among one's peers.

Although higher rates of use in an individual's cohort was associated with an increased likelihood the individual will start using drugs, there was no independent association of cohort use with the transition to abuse or dependence once use had begun. This suggests that while higher rates of use in an individual's cohort increase the likelihood that the individual will start using drugs, the propensity to transition to problematic use is not affected by such external variables; by contrast, we found that it was affected by their own prior substance use history. Therefore, any intervention aiming to reduce substance use within a cohort might also reduce individual-level risk for transitioning into greater levels of involvement with drug use. The type of substance such interventions should target warrants further investigation, especially considering that cohort alcohol use had a stronger association with commencing drug use than cohort drug use did. However, implementation would ideally be early in life and before opportunities to use either substance arise (eTable 16 in the [Supplement](#)). If this occurred, the smaller group of individuals who nonetheless developed DUDs despite the decrease in prevalence of use within that cohort would be more refractive cases.

Limitations

This study provided detail regarding the prevalence and timing of various stages across the full trajectory of both alcohol and illicit drug use, with clinically valid diagnoses and inclusion of contextual factors not previously accounted for within the literature. Data on age at onset for each stage were obtained via retrospective self-report and may be subject to forward telescoping, whereby participants are more likely to report events as occurring closer to the point of the interview than is accurate.^{36,37} However, this literature does not suggest that the order of recalled events will be altered.

Investigating the interactive effects of the personal and contextual variables on risk of transitioning involvement with illicit drugs was beyond the scope of this article. However, future work should investigate whether conditional associations exist between individual-level factors (eg, substance use, history of mental disorder) and cohort contextual variables that affect individuals' risk of commencing use and transitioning to greater involvement with drugs.

The WMH surveys have several important limitations. There is not full representation of all countries, regions, country income levels or other country characteristics. There was variation in response rates across countries, the year in which the studies were administered, and possibly cross-national differences in willingness to disclose personal information about drug use and problems. Respondent information is subject to the limitations of recall inherent in retrospective reporting, leading to potential underestimates in lifetime prevalence. Survival bias may also contribute to downward bias in lifetime estimates.

In addition to these general limitations, there are some limitations specific to the assessment of DUDs. The WMH sur-

veys are household surveys, which have limitations when used to assess less common and more stigmatized behaviors. Illicit drug use can be a rare or geographically concentrated occurrence, and surveys such as the WMH surveys that rely on stratified sampling methods are poorly suited to capturing concentrated geographic pockets of drug use. Furthermore, the use of households as the primary sampling unit will not capture marginalized groups who do not live in traditional household contexts (eg, individuals who are homeless, in prison, in the hospital, or in other nonhousehold accommodations). These factors mean that prevalence rates presented here should be considered lower-bound estimates; true lifetime prevalence of DUDs may be substantially higher.

Transition times to drug use disorders (DUDs) have been shown to differ widely depending on substance class.³⁸ Because most surveys assessed DUDs at the general illicit drug level, it was not possible to evaluate transition times at the drug-specific level. The estimates presented here therefore represent mean values of first transitions across all individuals who use (single and multitype) illicit drugs.

Owing to the way in which symptom onset and recency is assessed in the Composite International Diagnostic Interview, it was only possible to assess remission at the time of interview. Given the long-term nature of DUDs, additional information on lifetime remission (ie, any period in life with an absence of symptoms for more than 12 months) may have made it possible to find other variables were associated with remission.

Conclusions

We have found that, across countries, an individual's personal risk of transitioning to greater involvement with drug use was associated with their history of involvement with drugs and alcohol and the substance use histories of their age cohort. These variables were associated with transitioning into and out of problematic drug use, particularly when they are considered together, in addition to a range of other sociodemographic correlates. These findings have important implications for understanding of pathways into and out of problematic substance use.

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Correction: This article was corrected on May 29, 2019, to fix an incorrect author affiliation. Giovanni de Girolamo's affiliation was listed as "Unit of Epidemiology and Evaluation Psychiatry, Istituti di Ricovero e Cura a Carattere Scientifico—St John of God Clinical Research Centre, Via Pilastroni 4, Brescia, Italy" but should have been written as "IRCCS Istituto Centro San Giovanni di Dio Fatebenefratelli, Brescia, Italy," which is a different rendering of the name of the same institution. The error has been corrected in the Author Affiliations and the WHO World Mental Health Survey Collaborators sections.

Author Affiliations: National Drug and Alcohol Research Centre, University of New South Wales, Sydney, Australia (Degenhardt, Bharat); Department of Epidemiology, Services, and Prevention Research, National Institute on Drug Abuse, National Institute of Health, Bethesda, Maryland (Glantz); Department of Health Care Policy, Harvard Medical School, Boston, Massachusetts (Sampson, Kessler); College of Medicine, Al-Qadisiya University, Diwaniya Governorate, Iraq (Al-Hamzawi); Health Services Research Unit, Institut Hospital del Mar Investigacions Mèdiques, Barcelona, Spain (Alonso); Centro de Investigación Biomédica en Red en Epidemiología y Salud Pública, Barcelona, Spain (Alonso); Pompeu Fabra University, Barcelona, Spain (Alonso); Section of Psychiatric Epidemiology—Laboratórios de Investigação Médica No. 23, Institute of Psychiatry, University of São Paulo Medical School, São Paulo, Brazil (Andrade); School of Psychology, Ulster University, Londonderry, United Kingdom (Bunting); Anxiety Disorders Center, Buenos Aires, Argentina (Cia); IRCCS Istituto Centro San Giovanni di Dio Fatebenefratelli, Brescia, Italy (de Girolamo); Developmental Psychology, Department of Psychology, Rijksuniversiteit Groningen, Groningen, Netherlands (De Jonge); Interdisciplinary Center Psychopathology and Emotion Regulation,

Department of Psychiatry, University Medical Center Groningen, Groningen, Netherlands (De Jonge); Department of Psychiatry, University Hospital Gasthuisberg, Katholieke Universiteit Leuven, Leuven, Belgium (Demyttenaere); Department of Psychiatry, University College Hospital, Ibadan, Nigeria (Gureje); Parc Sanitari Sant Joan de Déu, Centro de Investigación Biomédica en Red en Salud Mental, Universitat de Barcelona, Sant Boi de Llobregat, Barcelona, Spain (Haro); School of Public Health, The University of Queensland, Brisbane, Australia (Harris); Queensland Centre for Mental Health Research, The Park Centre for Mental Health, Brisbane, Australia (Harris); Shanghai Mental Health Center, Shanghai Jiao Tong University, School of Medicine, Shanghai, China (He); National Center of Public Health and Analyses, Sofia, Bulgaria (Hinkov); Institute for Development, Research, Advocacy and Applied Care, Beirut, Lebanon (A. N. Karam); Department of Psychiatry and Clinical Psychology, Faculty of Medicine, Balamand University, Beirut, Lebanon (E. G. Karam); Department of Psychiatry and Clinical Psychology, St George Hospital University Medical Center, Beirut, Lebanon (E. G. Karam); Institute for Development, Research, Advocacy and Applied Care, Beirut, Lebanon (E. G. Karam); Wrocław Medical University, Wrocław, Poland (Kiejna); University of Lower Silesia, Wrocław, Poland (Kiejna); Ecole des Hautes Etudes en Santé Publique, EA 4057, Paris Descartes University, Paris, France (Kovess-Masfety); Department of Psychiatry, College of Medicine, University of Ibadan, Nigeria (Lasebikan); Department of Psychiatry, Chinese University of Hong Kong, Tai Po, Hong Kong (Lee); Mental Health Services, Ministry of Health, Jerusalem, Israel (Levinson); National Institute of Psychiatry Ramón de la Fuente Muñiz, Mexico City, Mexico (Medina-Mora); Survey Research Center, Institute for Social Research, University of Michigan, Ann Arbor, Michigan (Mneimneh); Unidad de Docencia, Investigación y Formación en Salud Mental, Servicio Murciano de Salud, Murcia, Spain (Navarro-Mateu); Instituto Murciano de Investigación Biosanitaria Virgen de la Arrixaca. (Navarro-Mateu); Centro de Investigación

Biomédica en ERed en Epidemiología y Salud Pública, Murcia, Spain (Navarro-Mateu); Universidad Peruana Cayetano Heredia, Lima, Peru (Piazza); Colegio Mayor de Cundinamarca University, Faculty of Social Sciences, Bogotá, Colombia (Posada-Villa); Department of Psychological Medicine, University of Otago, Dunedin, New Zealand (Scott); South African Medical Council Research Unit on Risk and Resilience in Mental Disorders, Department of Psychiatry and Mental Health, Neuroscience Institute, University of Cape Town, Cape Town, South Africa (Stein); Groote Schuur Hospital, Cape Town, South Africa (Stein); National Institute of Mental Health, National Center for Neurology and Psychiatry, Kodaira, Tokyo, Japan (Tachimori); Department of Mathematics, Statistics and Computer Science, Dordt College, Sioux Center, Iowa (Tintle); Center for Excellence on Research in Mental Health, CES University, Medellín, Colombia (Torres).

Author Contributions: Dr Kessler and Miss Bharat had full access to all the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis.

Concept and design: Degenhardt, Glantz, de Girolamo, Demyttenaere, A. Karam, Kovess-Masfety, Kessler.

Acquisition, analysis, or interpretation of data: Degenhardt, Bharat, Sampson, Al-Hamzawi, Alonso, Andrade, Bunting, Cia, de Girolamo, de Jonge, Gureje, Maria Haro, Harris, He, Hinkov, A. Karam, E. Karam, Kiejna, Kovess-Masfety, Lasebikan, Lee, Levinson, Medina Mora, Mneimneh, Navarro-Mateu, Ferrand, Posada-Villa, Scott, Stein, Tachimori, Tintle, Torres.

Drafting of the manuscript: Degenhardt, Bharat, Alonso, Cia.

Critical revision of the manuscript for important intellectual content: Degenhardt, Bharat, Glantz, Sampson, Al-Hamzawi, Andrade, Bunting, de Girolamo, de Jonge, Demyttenaere, Gureje, Maria Haro, Harris, He, Hinkov, A. Karam, E. Karam, Kiejna, Kovess-Masfety, Lasebikan, Lee, Levinson, Medina Mora, Mneimneh, Navarro-Mateu, Ferrand, Posada-Villa, Scott, Stein, Tachimori, Tintle, Torres, Kessler.

Statistical analysis: Bharat, Medina Mora, Tintle.

Obtained funding: Degenhardt, Alonso, Andrade, Bunting, de Girolamo, Gureje, Maria Haro, E. Karam, Kovess-Masfety, Levinson, Navarro-Mateu, Stein, Torres.

Administrative, technical, or material support:

Degenhardt, Bharat, Sampson, Andrade, de Girolamo, Maria Haro, A. Karam, E. Karam, Lee, Medina Mora, Mneimneh, Navarro-Mateu, Posada-Villa, Tintle.

Supervision: Degenhardt, Cia, de Girolamo, A. Karam, Lasebikan.

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The WHO World Mental Health Survey

Collaborators: Sergio Aguilar-Gaxiola, MD, PhD, Center for Reducing Health Disparities, University California Davis Health System, Sacramento; Ali Al-Hamzawi, MD, College of Medicine, Al-Qadisiya University, Diwaniya Governorate, Iraq; Mohammed Salih Al-Kaisy, MD, Day Care And Rehabilitation Center, Ibn Seena Teaching Hospital, Mosul, Iraq; Jordi Alonso, MD, PhD, Health Services Research Unit, Hospital del Mar Medical Research Institute, Barcelona, Spain; Centro de Investigación Biomédica en Red en Epidemiología y Salud Pública, Spain; Pompeu Fabra University, Barcelona, Spain; Laura Helena Andrade, MD, PhD, Section of Psychiatric Epidemiology, Laboratórios de Investigação Médica No. 23, Institute of Psychiatry, University of São Paulo Medical School, São Paulo, Brazil; Corina Benjet, PhD, Department of Epidemiologic and Psychosocial Research, National Institute of Psychiatry Ramón de la Fuente, Mexico City, Mexico; Guilherme Borges, ScD, Instituto Nacional de Psiquiatria, Calzada Mexico Xochimilco No. 101, Col San Lorenzo Huipulco, Mexico; Evelyn J. Bromet, PhD, Department of Psychiatry, Stony Brook University School of Medicine, Stony Brook, New York; Ronny Bruffaerts, PhD, Universitair Psychiatrisch Centrum - Katholieke Universiteit Leuven, Leuven, Belgium; Brendan Bunting, PhD, School of Psychology, Ulster University, Londonderry, United Kingdom; Jose Miguel Caldas de Almeida, MD, PhD, Chronic Diseases Research Center and Department of Mental Health, Faculdade de Ciências Médicas, Universidade Nova de Lisboa, Lisbon, Portugal; Graça Cardoso, MD, PhD, Lisbon Institute of Global Mental Health and

Chronic Diseases Research Center, NOVA Medical School, NOVA University of Lisbon, Lisbon, Portugal; Somnath Chatterji, MD, Department of Information, Evidence and Research, World Health Organization, Geneva, Switzerland; Alfredo H. Cia, MD, Anxiety Disorders Center, Buenos Aires, Argentina; Louisa Degenhardt, PhD, National Drug and Alcohol Research Centre, University of New South Wales, Sydney, Australia; Koen Demyttenaere, MD, PhD, Department of Psychiatry, University Hospital Gasthuisberg, Katholieke Universiteit Leuven, Leuven, Belgium; John Fayyad, MD, Institute for Development, Research, Advocacy & Applied Care, Beirut, Lebanon; Silvia Florescu, MD, PhD, National School of Public Health, Management and Development, Bucharest, Romania; Giovanni de Girolamo, MD, IRCCS Istituto Centro San Giovanni di Dio Fatebenefratelli, Brescia, Italy; Oye Gureje, MD, DSc, FRCPsych, Department of Psychiatry, University College Hospital, Ibadan, Nigeria; Josep Maria Haro, MD, PhD, Parc Sanitari Sant Joan de Déu, Centro de Investigación Biomédica en Red en Salud Mental, Universitat de Barcelona, Sant Boi de Llobregat, Barcelona, Spain; Hristo Hinkov, MD, PhD, and Chi-yi Hu, MD, PhD, National Center of Public Health and Analyses, Sofia, Bulgaria; Peter de Jonge, PhD, Developmental Psychology, Department of Psychology, Rijksuniversiteit Groningen, Groningen, the Netherlands; Interdisciplinary Center Psychopathology and Emotion Regulation, Department of Psychiatry, University Medical Center Groningen, Groningen, Netherlands; Aimee Nasser Karam, PhD, Institute for Development, Research, Advocacy & Applied Care, Beirut, Lebanon; Elie G. Karam, MD, Department of Psychiatry and Clinical Psychology, Faculty of Medicine, Balamand University, Beirut, Lebanon; Department of Psychiatry and Clinical Psychology, St George Hospital University Medical Center, Beirut, Lebanon; Institute for Development Research Advocacy and Applied Care, Beirut, Lebanon; Norito Kawakami, MD, DMSc, Department of Mental Health, School of Public Health, University of Tokyo, Tokyo, Japan; Ronald C. Kessler, PhD, Department of Health Care Policy, Harvard Medical School, Boston, Massachusetts; Andrzej Kiejna, MD, PhD, Wrocław Medical University; University of Lower Silesia, Wrocław, Poland; Viviane Kovess-Masfety, MD, PhD, Ecole des Hautes Etudes en Santé Publique, EA 4057, Paris Descartes University, Paris, France; Sing Lee, MB, BS, Department of Psychiatry, Chinese University of Hong Kong, Tai Po, Hong Kong; Jean-Pierre Lepine, MD, Hôpital Lariboisière-Fernand Widal, Assistance Publique Hôpitaux de Paris; Universités Paris Descartes-Paris Diderot; Institut National de la Santé et de la Recherche Médicale UMR-S 1144, Paris, France; Daphna Levinson, PhD, Mental Health Services, Ministry of Health, Jerusalem, Israel; John McGrath, MD, PhD, Queensland Centre for Mental Health Research, The Park Centre for Mental Health, Wacol, Queensland, Australia; Queensland Brain Institute, University of Queensland, St. Lucia, Queensland, Australia; National Centre for Register-Based Research, Aarhus University, Aarhus, Denmark; Maria Elena Medina-Mora, PhD, National Institute of Psychiatry Ramón de la Fuente Muñiz, Mexico City, Mexico; Zeina Mneimneh, PhD, Survey Research Center, Institute for Social Research, University of Michigan, Ann Arbor; Jacek Moskalewicz, PhD, Institute of Psychiatry and

Neurology, Warsaw, Poland; Fernando Navarro-Mateu, MD, PhD, Unidad de Docencia, Investigación y Formación de Salud Mental, Servicio Murciano de Salud; Instituto Murciano de Investigación Biosanitaria Virgen de la Arrixaca, Murcia, Spain; Centro de Investigación Biomédica en Red en Epidemiología y Salud Pública-Murcia, Murcia, Spain; Beth-Ellen Pennell, MA, Survey Research Center, Institute for Social Research, University of Michigan, Ann Arbor; Marina Piazza, MPH, ScD, Universidad Peruana Cayetano Heredia, Lima, Peru; Jose Posada-Villa, MD, Colegio Mayor de Cundinamarca University, Faculty of Social Sciences, Bogota, Colombia; Kate M. Scott, PhD, Department of Psychological Medicine, University of Otago, Dunedin, Otago, New Zealand; Tim Slade, PhD, National Drug and Alcohol Research Centre, University of New South Wales, Sydney, Australia; Juan Carlos Stagnaro, MD, PhD, Departamento de Psiquiatría y Salud Mental, Facultad de Medicina, Universidad de Buenos Aires, Argentina; Dan J. Stein, FRCPsych, PhD, Department of Psychiatry & Mental Health and South African Medical Council Research Unit on Risk and Resilience in Mental Disorders, University of Cape Town and Groote Schuur Hospital, Cape Town, Republic of South Africa; Margreet ten Have, PhD, Trimbos-Instituut, Netherlands Institute of Mental Health and Addiction, Utrecht, Netherlands; Yolanda Torres, MPH, Center for Excellence on Research in Mental Health, CES University, Medellín, Colombia; Maria Carmen Viana, MD, PhD, Department of Social Medicine, Postgraduate Program in Public Health, Federal University of Espírito Santo, Vitoria, Brazil; Harvey Whiteford, MBBS, PhD, School of Public Health, The University of Queensland; and Queensland Centre for Mental Health Research, Queensland, Australia; David R. Williams, MPH, PhD, Department of Social and Behavioral Sciences, Harvard T. H. Chan School of Public Health, Boston, Massachusetts; and Bogdan Wojtyniak, ScD, Centre of Monitoring and Analyses of Population Health, National Institute of Public Health-National Institute of Hygiene, Warsaw, Poland.

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