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HPER 041: Floor Hockey

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Dordt College

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Course Syllabus

Instructor: Dr. Altena

I. Course Title: HPER 41 Floor Hockey

II. Course Description:

The skills and techniques of floor hockey will be taught and practiced.

III. Course Objective:

- A. The student will understand and execute the basic floor hockey techniques in a game situation.
- B. The student will know and be able to apply the rules of the sport.
- C. The student will assume several different roles as he/she participates as player, coach, official and spectator.
- D. The student will understand the safety procedures involved in playing floor hockey.

IV. Course Outline

- A. Selection and Care of Equipment
- B. Floor Hockey Skills
- C. Practice the various roles of player, coach, official and spectator.
- D. Safety skills

V. Method of Instruction

Lecture, Demonstration, and practice

VI. Evaluation

The evaluation is through class attendance and participation

VII. Textbook

none.