



DORDT COLLEGE

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HPER 040: Basketball

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COURSE SYLLABUS
DORDT COLLEGE

I. Course Title.

HPER 040X Basketball

II. Course Description

This course provides basic instruction in the skills of basketball.

III. Course Objectives

- A. The student will know the terminology used in basketball
- B. The student will know the rules and regulation of basketball.
- C. The student will know and be able to perform the fundamentals of basketball.
- D. The student will be able to officiate a basketball game.
- E. The student will understand strategy in basketball.
- F. The student will understand Christian philosophy of basketball

IV. Course Outline

- A. Basketball Theory
 - 1. Introduction
 - a. Christian philosophy of sport
 - 2. Rules of Basketball
 - 3. Offense fundamentals
 - a. Dribbling
 - b. Shooting
 - c. Passing
 - d. Pivoting
 - 4. Defense
 - 5. Rebounding
 - 6. Officiating

V. Methods of Instruction

Lecture and discussion will comprise 1/3 of class time. Activity in the various fundamentals, playing, and officiating comprise the other 2/3 of class time.

VI. Major Assignments & Evaluation

- A. Class attendance and participation.

VII. Textbook

No text required.