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HPER 023: Golf

Tom Visker
Dordt College

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Course Syllabus

Instructor: Dr. Tom Visker

I. Course Title: HPER 23 Golf

II. Course Description:

Beginning level golf instruction emphasizing basic skills and etiquette of golf. Not open to freshman. Having your own clubs is helpful but not mandatory.

III. Course Objective: Upon completion of the course the student will:

- A. perform the fundamental skills of golf.
- B. participate in golf according to the official rules.
- C. execute several strategies for improving their golf game.
- D. understand the difference in design and use of the equipment used in playing golf.

IV. Course Outline

- A. Equipment and basic grips
- B. Stance
- C. Building the basic golf swing (irons)
- D. Using Woods
- E. Approach shots
- F. Putting
- G. Rules and Etiquette

V. Method of Instruction

Lecture, video presentations, demonstration and individual problem solving.

VI. Evaluation

Student must have regular attendance and complete one 9 hole golf round to receive credit for the course.