



Fall 2000

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## HPER 021: Bowling

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## COURSE SYLLABUS

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Instructors: Dr. Altena  
Dr. Rhoda  
Mr. Bouma

I. Course Title HPER 21<sup>x3Y</sup> Bowling

II. Course Description

Development of skills and knowledge of bowling necessary for recreational participation of beginners.

III. Bowling Objectives

- A. The student will understand the rules, etiquette, terms, and handicapping of bowling.
- B. The students will understand how to execute the basic mechanics of bowling.
- C. The student will understand the strategy of picking up splits and spares and practice the execution of these situations.
- D. The student will appreciate the social value of bowling.
- E. The student will participate in a class tournament.

IV. Bowling Outline

- A. Rules, etiquette, and terms.
- B. Delivery
- C. Spare and split bowling
- D. Tournament and handicapping

V. Method of Instruction

The direct approach of explaining, demonstrating, practicing and evaluating.

VI. Major Assignments None

VII. Evaluation

Class attendance and participation

VIII. Textbook None