



Fall 2000

HPER 020: Badminton

Len Rhoda
Dordt College

Syne Altena
Dordt College

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COURSE SYLLABUS

Instructors: Dr. Rhoda
Dr. Altena

I. HPER 20 Badminton

II. Course Description

The skills and techniques of badminton will be taught and practiced.

III. Course Objectives

- A. The student will understand and execute the basic badminton techniques and skills.
- B. The student will be able to make value judgements concerning the selection of care of equipment.
- C. The student will be able to play the game of badminton while in class.

IV. Course Outline

- A. Selection and Care of Equipment
- B. Badminton Skills
- C. Badminton Strategy
- D. The contribution of badminton to physical fitness.

V. Methods of Instruction

Lecture, Demonstration and Practice

VI. Evaluation

The evaluation is through class attendance and participation.

VII. Textbook None