Spring 2000

HPER 212: Coaching Theory of Basketball

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I. Course Title
   HPER 212 Coaching Theory of Basketball

II. Course Description
   This is a half semester course. Emphasis in the course is on coaching skills, philosophies, and modern techniques of basketball.

III. Course Objectives
   A. The student will know the terminology used in basketball.
   B. The student will know the rules and regulations of basketball.
   C. The student will know and be able to explain the fundamentals of basketball.
   D. The student will develop a philosophy of coaching.
   E. The student will understand strategy in basketball.

IV. Course Outline
   A. Basketball Theory
      1. Introduction
         a. Christian philosophy of coaching
         b. Duties and responsibilities of coach
         c. Coaching in high school and junior high
      2. Rules of basketball
      3. Offense fundamentals
         a. Dribbling
         b. Shooting
         c. Passing
         d. Pivoting
      4. Defense
      5. Rebounding
      6. Scouting
      7. Practice Schedules
      8. Press Defense
      9. Press Offense
     10. Taking Statistics

V. Methods of Instruction
   Lecture, films and class discussion comprise about 2/3 of class time. Activity in the various fundamentals and coaching expenses comprise the other 1/3 of class time.
VI. **Assignments**

A. Each student will prepare a basketball handbook.
B. Each student will complete all daily assignments.

VII. **Means of Evaluation**

A. A 15 point quiz is given each week over the material covered the previous week = 
   70%
B. Final Exam = 20%
C. Basketball Booklet = 10%