Spring 2000

HPER 040: Basketball

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I. Course Title.
HPER 040X Basketball

II. Course Description
This course provides basic instruction in the skills of basketball.

III. Course Objectives
A. The student will know the terminology used in basketball
B. The student will know the rules and regulation of basketball.
C. The student will know and be able to perform the fundamentals of basketball.
D. The student will be able to official a basketball game.
E. The student will understand strategy in basketball.
F. The student will understand Christian philosophy of basketball

IV. Course Outline
A. Basketball Theory
   1. Introduction
      a. Christian philosophy of sport
   2. Rules of Basketball
   3. Offense fundamentals
      a. Dribbling
      b. Shooting
      c. Passing
      d. Pivoting
   4. Defense
   5. Rebounding
   6. Officiating

V. Methods of Instruction
Lecture and discussion will comprise 1/3 of class time. Activity in the various fundamentals, playing, and officiating comprise the other 2/3 of class time.

VI. Major Assignments & Evaluation
A. Class attendance and participation.

VII. Textbook
No text required.