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## Half-Hearted Semi-Vegetarian Meditates on Bread

John Van Rys Dordt College

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## \*The Half-Hearted Semi-Vegetarian Meditates on Bread

by John Van Rys

Holes. You're all holes. And man can not live on holes alone.

You're a springy sponge resisting solidity, creamy crumbs your only flesh, enclosed by a crust tanned smooth and cool like my old wallet. You're both empty.

Consider. The grain that grew in the field grew yeastily warm in you but could have grown fat in the cow. The cow's flesh is grain, like the leaf's green is sun, and the sun shines alike on the cow and the grain. To wit,

Give me my pound of flesh!

\*Published in 1993 edition of Lyrical Iowa

## **Debits and Credits**

by John Van Rys

Check book unbalanced, the tight rope tipped, I'm net-less, arreared. Debits debilitate my pate while feeble credits fascinate, quaint in their thinness, whipped and tight-lipped. Bills flood high as Niagara, must be ripped open or flipped dripping in the can. "Late again, please pay the usual usurious rate NOW." Just stamp AMOUNT OWING on my crypt.

How do I sum my check book's inked columns with the Sermon on the Mount? The answer slips between my fingers—water, coins, grain. This alone remains: the scales of my clumsy sums, life balanced on a breath against a viper—the wily serpent coiled, brooding in my brain.

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