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## At Peace in the Tumult of the World

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## At Peace in the Tumult of the World

David Schelhaas

After the late summer rains, raspberries once again weight the heads of these rickety canes, pulling them earthward, earthward pulling me.

My fingers know where to grasp the long bowed necks of the canes. I tip them up, take, and eat of the fruit, ignoring the stains, plucking and plucking the lush red berries that gush when I crush the soft flesh with my teeth.

Every berry made up of many smaller berries wedded into one, each berry a round red tongue singing soundless songs, each a cup that drank the late summer's rain so I can drink its wine.

My thirst assuaged, I stand erect again, hands stained, heart healed, at peace in the tumult of the world.